

DOCUMENT OVERVIEW & PURPOSE

Notice to Legal Counsel:

This document provides a structural sample outline of a comprehensive Form I-601/I-601A Extreme Hardship Psychological Evaluation completed by Dr. Lizette Ojeda, TX Licensed Psychologist.

Designed to withstand intense USCIS scrutiny and minimize Requests for Evidence (RFEs), every evaluation follows a forensically rigorous framework integrating standardized psychometrics, DSM-5-TR diagnostic criteria, aggregate scenario-based prognoses, and peer-reviewed behavioral science citations. All client-identifying information has been removed to preserve confidentiality.

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REPORT OF PSYCHOLOGICAL EVALUATION

CONFIDENTIAL MEDICAL & FORENSIC DOCUMENT

- **Demographics & Proceeding Information**
 - Name / Date of Birth / Qualifying Status
 - Relevant Legal Proceeding (e.g., Form I-601 / I-601A Hardship Waiver)
 - Subject Applicant / Qualifying Relative Information
 - Examiner Credentials & License Number
 - Dates of Evaluation & Report Completion
- **Standardized Evaluation Procedures & Test Battery**

I. PURPOSE OF EVALUATION

- **I.A. Referral & Scope of Assessment**
- **I.B. Informed Consent & Legal Limits of Confidentiality**

II. RELEVANT BACKGROUND HISTORY AND PRE-EXISTING VULNERABILITIES

- **II.A. Developmental History: Childhood Neglect & Parental Absence**
- **II.B. Relational History: Prior Domestic Abuse & Coercive Control**
- **II.C. Traumatic History: Reactivated Homicidal Loss (Violent Trauma)**
- **II.D. Protective Function & Interdependence of Current Marriage/Relationship**

III. MENTAL STATUS EXAMINATION

- **III.A. Clinical Presentation & Behavioral Observations**
- **III.B. Cognitive & Executive Functioning Assessment**
- **III.C. Behavioral Observations & Avoidance Patterns**

IV. PSYCHOMETRIC ASSESSMENT & OBJECTIVE FINDINGS

- **IV.A. Instrument Selection, Malingering Screen, & Response Style Analysis**
- **IV.B. Assessment of Psychological Distress (Depression Anxiety Stress Scales – DASS-21)**
 - *IV.B.1. Stress Scale Score & Clinical Significance*
 - *IV.B.2. Anxiety Scale Score & Clinical Significance*
 - *IV.B.3. Depression Scale Score & Clinical Significance*
- **IV.C. Assessment of Cumulative Environmental Stress Exposure (Holmes-Rahe SRRS)**
 - *Life Change Units (LCUs) & Epidemiological Breakdown Risk*
- **IV.D. Assessment of Adult Romantic Attachment (Experiences in Close Relationships – ECR-R)**
 - *IV.D.1. Attachment Anxiety Dimension & Hyper-activation Analysis*

- *IV.D.2. Attachment Avoidance Dimension & Coregulation Dependency*
- **IV.E. Assessment of Psychological Adjustment & Projective Themes (Rotter Incomplete Sentences Blank – RISB)**
 - *IV.E.1. Relational Interdependence & Attachment Dysregulation Themes*
 - *IV.E.2. Hypervigilance & Separation Panic Themes*
 - *IV.E.3. Helplessness, Emotional Exhaustion, & Avoidance Coping Themes*

V. SOMATIC SYMPTOMS & PHYSIOLOGICAL EXPRESSION OF DISTRESS

- **V.A. Autonomic Hyperarousal**
 - *V.A.1. Panic Reactivity & Hypervigilance*
 - *V.A.2. Executive Functioning & Memory Impairments*
 - *V.A.3. Somatic Tension & Physical Pain*
 - *V.A.4. Orthostatic & Cardiovascular Dysregulation*
 - *V.A.5. Sleep Architecture Disruption & Nocturnal Panic*
- **V.B. Chronic Somatic Complaints & Health-Care Avoidance**
 - *V.B.1. Gastrointestinal Somatization*
 - *V.B.2. Panic-Driven Hyperphagia / Behavioral Somatization*
 - *V.B.3. Co-Occurring Physical Pathology & Clinical Healthcare Avoidance*

VI. DETAILED EXTREME HARDSHIP ANALYSIS

- **VI.A. Scenario A: Hardship of Separation (Remaining in the U.S. Alone)**
 - *VI.A.1. Immediate Business Collapse & Financial Insolvency*
 - *VI.A.1.a. Operational Dependency*
 - *VI.A.1.b. Business Dissolution*
 - *VI.A.1.c. Debt Obligation & Insolvency Risk*
 - *VI.A.1.d. Workforce Reentry Barriers*
 - *VI.A.2. Caregiver Breakdown & Special Needs Child Impact*
 - *VI.A.2.a. Child Clinical Condition & Accommodations*
 - *VI.A.2.b. Paternal Coregulation & Behavioral Dependency*
 - *VI.A.2.c. Derivative Maternal Hardship & Caregiver Burnout*
 - *VI.A.3. Loss of Instrumental Support & Social Isolation*
 - *VI.A.3.a. Daily Instrumental Logistics*
 - *VI.A.3.b. Absence of Safety Net & Local Support Systems*
- **VI.B. Scenario B: Hardship of Relocation (Uprooting to Foreign Country)**
 - *VI.B.1. Severe Safety Risks & Country Condition Vulnerabilities*
 - *VI.B.1.a. Target Region Safety Conditions*
 - *VI.B.1.b. Direct Violent Incidents / Environmental Threat*
 - *VI.B.1.c. Exploitation & Crime Exposure Risk for Minor Children*
 - *VI.B.2. Institutional, Educational, & Climate Impact on Special Needs Dependents*
 - *VI.B.2.a. Sensory & Infrastructure Vulnerabilities*
 - *VI.B.2.b. Linguistic, Educational, & Developmental Barriers*

- VI.B.3. *Foreign Dislocation, Economic Deprivation, & Medical Risk*
 - VI.B.3.a. *Acculturative Stress & Cultural Dislocation*
 - VI.B.3.b. *Employment Inviability & Economic Shock*
 - VI.B.3.c. *Loss of Specialized Healthcare Access*

VII. DIAGNOSTIC IMPRESSIONS & SCENARIO-BASED PROGNoses

- **VII.A. DSM-5-TR / ICD-10 Diagnostic Classifications**
 - VII.A.1. *Primary Diagnosis (e.g., Generalized Anxiety Disorder)*
 - *Clinical Prognosis: If Spouse/Applicant Remains Present*
 - *Clinical Prognosis: Under Separation Scenario*
 - *Clinical Prognosis: Under Relocation Scenario*
 - VII.A.2. *Secondary Diagnosis (e.g., Major Depressive Disorder)*
 - *Clinical Prognosis: If Spouse/Applicant Remains Present*
 - *Clinical Prognosis: Under Separation Scenario*
 - *Clinical Prognosis: Under Relocation Scenario*
 - VII.A.3. *Tertiary Diagnosis (e.g., Other Specified Trauma- and Stressor-Related Disorder)*
 - *Clinical Prognosis: If Spouse/Applicant Remains Present*
 - *Clinical Prognosis: Under Separation Scenario*
 - *Clinical Prognosis: Under Relocation Scenario*

VIII. SUMMARY RECOMMENDATIONS & CLINICAL CONCLUSION

- **VIII.A. Clinical Synthesis of Pre-Existing Vulnerabilities & Hardship (Aggregate Analysis)**
 - VIII.A.1. *Pre-Existing Trauma & Developmental Vulnerabilities*
 - VIII.A.2. *Objective Psychometric Validation & Attachment Profile*
 - VIII.A.3. *Somatic & Medical Pathology Integration*
 - VIII.A.4. *Structural, Financial, & Environmental Impact Assessment*
- **VIII.B. Integration of Peer-Reviewed Empirical Psychological Literature**
 - VIII.B.1. *Psychophysiological Reactivity & Cumulative Stress Load*
 - VIII.B.2. *Somatic Expression of Severe Psychological Distress*
 - VIII.B.3. *Relational Coregulation & Attachment System Impact*
 - VIII.B.4. *Behavioral Avoidance & Healthcare Neglect Dynamics*
 - VIII.B.5. *Cultural Concepts of Distress & Acculturative Stress*
- **VIII.C. Expert Clinical Opinion on Extreme Hardship & Legal Nexus**
- **Formal Declaration Under Penalty of Perjury (State Law Compliance)**
- **Evaluator Signature & License Block**
- **Comprehensive Clinical CV & Expert Witness Biographical Summary**